

## OSB QUALITY OF LIFE COMMITTEE

November 10, 2016

### Present

Michael Turner  
Tanya Hanson  
Mark Baskerville  
Lori DeDobblaere (T)  
Michelle Ryan (T)  
Sally Claycomb (T)  
Danielle Edwards, *bar liason*

### Absent

Ruben Medina  
Virginia Hanson  
Nadia Dahab  
Michael Reid  
Charles Schulz  
Eva Marcotrigiano  
Julia Rice  
Justin Howe  
Bruce Nishioka

- Welcome & Introductions (12:07)
  - Meeting started without quorum present again.
  - Reviewed personal quality of life goals of those present
- Minutes (12:13)
  - Because no quorum was present, approval of June, September, and October must be deferred to December meeting.
  - Secretary will check with Michelle Lane about process for approving minutes by email.
- Subcommittee Assignments and Reports (12:14)
  - Law School Presentations (12:14)
    - Michael Turner presented at University of Oregon on October 27. Presentation to about 15 students went well.
    - Mark Baskerville, Willamette University: Exact date for “Wellness Week” presentation is not yet set, but event will occur in March 2017.
    - Mark will be reviewing the “Stress Management and Resiliency Training” (SMART) materials currently used at OHSU to see whether they can be adapted for law school presentations.
  - Work/Life Balance/Transitions (12:19)
    - Subcommittee may have met in October, but no one present attended.
    - Group may want to prepare an article or presentation on “unplugging” and managing social media anxieties.
  - Publications/Media (12:24)
    - Subcommittee has been more active in publishing article links on Facebook.

- Danielle Edwards will request admin details from the bar for updating the committee's bar-linked website, which is seriously out of date.
- Future Events/Announcements / Open Discussion (12:30)
  - Chair next year is likely to be Michael Turner, and secretary will likely be Nadia Dahab.
- Next meeting: December 8th.
- Adjourned at 12:33.