

OREGON STATE BAR QUALITY OF LIFE COMMITTEE

February 13, 2014 Meeting Minutes

	PRESENT	ABSENT
Eva Marcotrigiano (Chair)	Mindy Stannard	Anne Villella
Tanya Hanson (PLF liaison)	Cody Elliott	Marilyn Heiken
Amy Miller (Secretary)	Adina Flynn (advisory member)	Kristy Faricy
Michael Reid	Kyle Dukelow (advisory member)	Heather Decker (advisory member)
Virginia Terhaar (public member)	Charles Schultz (OSB liaison)	
Mark Rauch	Ruben Medina	
AnneMarie Sgarlata		

- I. **Welcome and Introductions.** Chair Eva Marcotrigiano opened the meeting at 12:05pm, with members present in person and via telephone. Personal introductions were shared. A quorum (7) was met. Each committee member shared a quality of life goal for the year.

- II. **Minutes.** The January 8, 2014 meeting minutes were approved with two minor changes to correct misspellings.

- III. **Chair's Report.**
 - a. Subcommittee Assignments: Subcommittee members were assigned as follows:
 - i. Law School Presentations: Mindy (chair), Michael, Cody, Kyle
 - ii. Transitions: AnneMarie (chair), Adina, Charles
 - iii. Work/Life Balance: (chair TBA) Anne, Kristy, Mark, Heather, Tanya
 - iv. Website, Social Media & Publications: Amy (interim chair), Ruben, Marilyn

Each subcommittee should plan to meet to discuss goals for the upcoming year prior to the March meeting.
 - b. Calendar Year Outline: Eva plans to bring a calendar outline to the next meeting to facilitate information sharing among the different committees.
 - c. OSB Initial Committee Report: Eva completed the OSB Initial Committee Report and has submitted it to the Board of Governors.

- IV. **Subcommittee Reports.**
 - a. Law School Presentations: Nothing to report.
 - b. Transitions in the Practice of Law: AnneMarie discussed tentative goals and plans for the upcoming year including: obtaining clarity on the services OSB provides relating to transition counseling, coordinate with OSB to identify and provide resources, complete work life balance resources project, and identify books and resources that are available for lawyers in transition.

Tanya educated the committee on OAAP resources for lawyer transitions, and suggested reaching out to OAAP to see how this Committee can assist in filling in gaps in resources.

- c. Work/Life Balance: Tanya reviewed Anne's article on empathic listening and why it is important for client-lawyer relationship.
 - d. Website, Social Media, & Publications: Amy has updated the website with minutes, committee reports, roster, etc.
- V. **Adjourn.** The meeting was adjourned at 1:00pm. Our next meeting is Thursday, March 13, 12-1pm, at the Oregon State Bar.
- a. The call-in information is specific to our Committee: 1-888-727-6732, passcode 952692.