

# QUALITY OF LIFE COMMITTEE

MINUTES THURSDAY JUNE 11, 2015

12:00 – 1:00pm

Oregon State Bar Center

## I. Welcome and Introductions

The meeting began at 12:05 PM. Those present either in person or by phone were: Michael Reid, Anne Villella, Michael Turner, Amy Miller, Eva Marcotrigiano, Adina Flynn, Tanya Hanson (PLF Liaison), and Charles Schultz (OSB STAFF Liaison). Quorum (7) was not met, so approval of the April 2015 minutes was deferred until the September meeting.

## II. Subcommittee reports

### a. Law School Presentations

- i. Chair: Michael Turner: Michael reported that the U of O liaison is out for the summer but he would try to make contact once school started. Cody has secured a L&C bar prowl table; Amy volunteered to attend. Jeremy is still trying to coordinate with Willamette University, Tanya suggested he connect with Phyllis Miles in the career services office.

### b. Transitions in the Practice of Law

- i. Chair: Adina Flynn: Adina reported that the committee is looking to schedule networking events, either happy hour or breakfast and the plan is to invite a speaker to share their experience with transition at the event. The goal is to have 4 of these events by the end of the year with the plan being to connect people. Anne is going to coordinate the advertising; the other three committee members are going to coordinate the events. One event is likely going to be in Bend.

### c. Work/Life Balance

- i. Chair: Mark Rauch: Each committee member is planning to write an article. Virginia will write an article on retirement considerations and plan to complete it in June, Lori on part-time work and will plan to complete it in September, Mark on the benefits of playing music and plan to complete it in October and Tanya on the movie Happy and the book the

Geography of Bliss and plan to complete in November. The committee members have also connected with Liza Bernie and may work with her and/or Michael Dwyer on developing a meditation seminar.

d. Website, Social Media, & Publications

- i. Chair: Eva: Eva will be happy to disseminate any articles; send them her way.

III. Adjourn: The meeting was adjourned at 12:42 PM

The next meeting will be November 8 (Thursday) @ noon (OSB Center).  
Subcommittees to meet in October!

QOL committee email list (no attachments!): [qol@forums.osbar.org](mailto:qol@forums.osbar.org)

web: <http://qualityoflife.osbar.org/>

fb: <https://www.facebook.com/osbqualityoflife>